

# NICHOLS HILLS

## united methodist church



Dr. Trevor Smith

### You Cannot Do It Alone

<sup>14</sup>When Moses' father-in-law saw all that he was doing for the people, he said, "What is this that you are doing for the people? Why do you sit alone, while all the people stand around you from morning until evening?" <sup>15</sup>Moses said to his father-in-law, "Because the people come to me to inquire of God. <sup>16</sup>When they have a dispute, they come to me and I decide between one person and another, and I make known to them the statutes and instructions of God." <sup>17</sup>Moses' father-in-law said to him, "What you are doing is not good. <sup>18</sup>You will surely wear yourself out, both you and these people with you. For the task is too heavy for you; you cannot do it alone." -*Exodus 18:14-18*

This has been a busy and exciting week at Nichols Hills United Methodist Church. I want to thank all of you who invited someone to come with you to our Bring A Friend Sunday and our Block Party. It was such a blessing to have the opportunity to meet new friends. The Block Party was a site to see with over 250 children, youth, and adults sharing in fellowship with one another. I want to thank our Cub Scouts and their families for providing and cooking our hot dogs. I am particularly grateful for all of the work J.B. Sims did behind the scenes: trimming bushes and trees and helping with the set-up and the clean-up. I also want to thank Michael Maxwell for providing our Giant Slip-N-Slide. So many children loved sliding down into the muddy mess at the bottom. Of course, I am also very grateful to all of you who heard a call from God to make homemade ice cream and other goodies. I sampled them all, and everything was delicious. Thanks to Lakeside United Methodist Church for loaning us the Bingo equipment and to each of you who contributed prizes. Clark Musser sure knows how to call a game of Bingo, and it was fun to watch Tom McDaniel pull the numbers out of the hopper. I also really appreciate our church staff and our teachers from The Learning Center. Each one is so gifted and contributes so much to our church. It is amazing to see what God can do through us when we work together to make a Christian difference in our community.

On Sunday, we will continue our *Overloaded* sermon series by talking about the way Moses overloaded his life by trying to do too much. In Exodus 18, we find Moses presiding over all of the disputes the people brought to him. When Jethro, his father-in-law, saw what he was doing he told Moses, "What you are doing is not good. <sup>18</sup>You will surely wear yourself out, both you and these people with you. For the task is too heavy for you; you cannot do it alone." He then advised Moses to delegate to other leaders who could share the load. Each person has unique gifts to use to serve in ministry and make disciples of Jesus Christ for the transformation of the world. None of us can do it alone. We need each other, and I want to invite to pray about how you will serve in ministry in our church.

I am so happy to be able to tell you that 35 adults have sign-up to be part of our first Alpha Course. This Wednesday we will watch a video called, *Who is Jesus?* If you missed the first week, come for a delicious dinner at 5:30 p.m. and stay for the video and the discussion.

Nine children have signed up to be part of Expedition, our Mid-week Children's Ministry. Allyson Smith and Sandra Smith will serve as teachers on Wednesday nights while Lauren Matthes recovers from back surgery. Please pray for Lauren's back to heal.

I am also excited for Matt Patrick's leadership in starting a Young Adult Group which will meet on Wednesday at 8:30 p.m.

Let's keep working together so that we can experience the blessings of our God.

Blessings,  
Trevor

### Ministry Calendar

#### Saturday, August 29

T. L. C. Training at 8:30 a.m.

#### Sunday, August 30

Worship & Holy Communion at 8:30 a.m.

Sunday School at 9:45 a.m.

Worship at 10:50 a.m.

Youth Group at 5:00 p.m.

#### Wednesday, September 2

##### Nichols Thrills - 5:30 to 7:00

Fellowship Meal at 5:30 p.m.

##### Small Groups at 6:00 p.m.

Expedition Children's Group-6:00

Alpha Course for Youth at 6:00

Alpha Course for Adults at 6:00

Parent Training Class at 6:00

Chancel Choir at 7:30 p.m.

Young Adult Group at 8:30 p.m.

#### Sunday, September 6

Reception to Honor

Dr. Antone Godding at Noon.

#### Monday, September 7

Labor Day: Church Closed

#### Tuesday, September 8

Care Committee Meeting at 4:00

Trustees Meeting at 5:00 p.m.

#### Sunday, September 20

S.P.R.C. Meeting at 3:00 p.m.

Nichols Hills U.M.C.

(405)842-1486

(405)843-1835 Fax

[www.nicholshillsumc.org](http://www.nicholshillsumc.org)

The Learning Center:

Monday, Wednesday, Friday

9:00 a.m. - 2:30 p.m.

Tuesday and Thursday

9:00 a.m. - 4:00 p.m.

(405)842-5325

## Ministry Opportunities

### Hospitality Greeters

Do you like to smile and talk to people?  
Are you enthusiastic about our church?  
If so, please consider becoming one of the Sunday morning Greeters.

Greeters provide a welcoming smile to people walking in the door for our Sunday worship services. They encourage newcomers and visitors to get involved in a Sunday School Class, direct people to the restrooms or to the children's nursery area as necessary.

You can sign up to serve for 20 minutes on Sunday morning at one of three time slots: 8:15 to 8:35, 9:30 to 9:50, or 10:35 to 10:55. If this seems like an opportunity you would enjoy, please see Alfred Walker for more details.

### Coffee Hosts

Coffee hosts provide 8-9 dozen cookies. At the close of the 10:50 Service, the host(s) stand by the cookie table in the Narthex and greet people. We have openings for coffee hosts for **September 13 and 20**. To serve, sign-up on the bulletin board outside the office.

### Small Groups

#### Sunday School Classes, 9:45 a.m.

Our classes are called the Brew, KIVA, Open Circle, Roundtable, Reveille, Youth, and Children. We hope you will participate in our classes! Descriptions of each class are located on the back page.

### Youth Group

#### Sundays at 5:00 p.m.

Our middle school and senior high students gather for a fun time of food, fellowship, and a meaningful lesson that will help them to grow in their faith.

Leaders: Matt Patrick and Matt Eales

### Cares and Concerns

#### Epworth Villa

Bill and Katie Alexander,  
Maxine Asch, Joanne Crosby

#### Town Village

Joanna Garnett

#### The Fountains at Canterbury

Barney and Virginia Brown

#### At Home

Jeremee Cloud, Roger Eting,

Beth & Dale Jordan,

Frances Lewis, Joye McLain

David Mueller, Barbara Sullivan,  
and Gene Wheeler

### Chancel Flower

#### Sponsorships Available

**September 13 and 20** are available for flower sponsorship. Reserve your special dates now to honor or remember loved ones. The cost to sponsor chancel flowers is \$70.50 for two arrangements per Sunday. A sign-up sheet is posted on the bulletin board by the church office.

## Overloaded

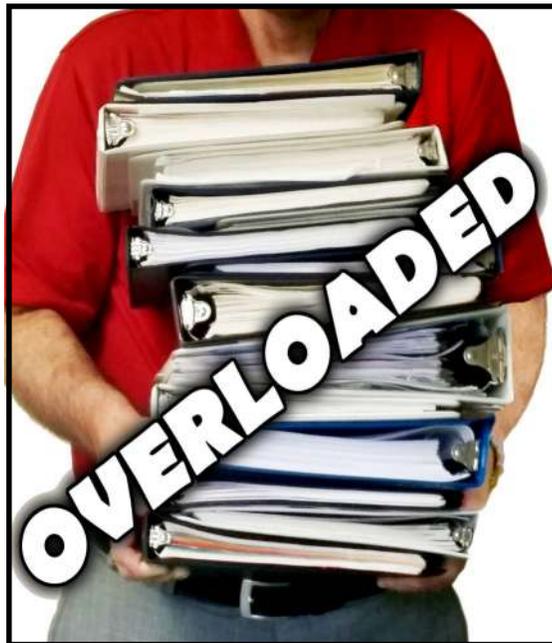
Are you busy all the time?  
Do you find yourself exhausted  
at the end of most weeks?  
Do you feel overwhelmed by  
the expectations and obligations  
in your life?

It may surprise you that the Bible offers relevant answers that have the power to change your life. This important series of messages will help you stop being *Overloaded* and start experiencing peace. Join us for *Overloaded* on Sunday mornings at 8:30 or 10:50 a.m.

**August 30** *Overloaded*

**September 6** *Finding Peace in a  
High Anxiety World*

**September 13** *Less is More*



## Is There More Than This?

This Wednesday is the beginning of our Nichols Thrills program at 5:30 p.m. Both our youth and adults will be doing the Alpha Course.

This week's question for exploration is "Is There More To Life Than This?" Have you ever felt this way? Have you ever gotten into the routine of everyday life and felt like you weren't making a difference?

Have you ever felt like your life was lacking focus or purpose? No matter what stage of life you are in, life can make us feel this way. This Wednesday, we will be exploring how the life of Jesus Christ gives us eternal purpose and promises that we can have life and have it abundantly. For our youth, I absolutely know how difficult and

confusing life can be. I hope that you will join me Wednesday night as we explore the purpose God has for our lives. I pray that you will.

Blessings,  
Matt Patrick



Matt Patrick

## Children and Family Ministry News

"Expedition" is the new Wednesday night small group for children this fall. We will be traveling with Clive and Ian in the Big Blimp of Knowledge. We will learn how to respond to God's love through prayer, praise, actions, and more. Kids will walk away knowing the 5 Big Ones...

1. God wants us to know Him!
2. God has given us many ways to get to know Him — God's Word, Creation, Works, Son, Spirit, and Church.
3. It's good to ask questions about God! We can learn more about God and share what we've learned with the whole world!
4. Knowing God helps us to love God, trust God, and serve God.
5. God wants us to love God with our hearts, our thoughts, our

words, and our actions.

During our Expedition we will be sharing our discoveries with our families in the "Exit Ticket," which is a take home discussion guide. We encourage your family to be on this journey together!!

Join us at Nichols Thrills on Wednesday evenings this fall! Bring your friends for the great activities and games that will help us learn how to be closer to God!

You are a blessing!  
Lauren



Lauren Matthes

# BLOCK PARTY 2015

We had a wonderful turn out for our Block Party! Over 250 people attended! Everyone had a blast with Bingo, Water Balloon Volleyball, our Giant Slip-N-Slide, the Bounce Houses, Face Painting, and the Cup Cake Walk. The food was delicious and included yummy hot dogs, cookies, brownies, and home made ice cream! What a marvelous way to show kindness and hospitality to our neighbors! We want to thank our Cub Scouts for providing and cooking the hot dogs and to Michael Maxell for providing the Slip-N-Slide. Thank you to all who were involved!





## Reception Honoring Dr. Antone Godding

The Staff Parish Relations Committee and John Strybos (former Chancel Choir Director) will host a reception at noon on Sunday, September 6 to honor Dr. Antone Godding for 40 years of service as the organist at Nichols Hills United Methodist Church. A card basket will be available for anyone who would like to participate.

## We Are The Church

Our church makes a Christian difference through the many wonderful people in our congregation. This week, Jim and Bette MacKellar share with us about their lives and how Nichols Hills U.M.C. has blessed them.

Jim and Bette met at OU. Jim grew up in Oklahoma City, and Bette grew up in Frederick, Oklahoma. They realized that they both had ties to Frederick after they began dating. Jim's grandfather was a country doctor in Loveland, Oklahoma, a "suburb" of Frederick. Both Jim and Bette's grandparents are buried on the same street in the Frederick cemetery. As infants, they also had the same pediatrician in Wichita Falls.

They will celebrate 50 years of marriage the day after Christmas. They have two children, Bruce, who lives in Oklahoma City and works with Jim, and Jennie, who lives in Avon, Colorado; they also have a daughter-in-law, Bebe and three grandsons: Bolen MacKellar, James Lewis, and Sam Lewis. Jim is president of MacKellar, Inc., a family owned oil company, that his father began in 1956.

Jim and Bette are both life long Methodists. They joined Nichols Hills U.M.C. in 1977. They like the friendly, neighborhood atmosphere of the church. Bette also loves the peaceful aura of our sanctuary. Both of their children grew up in the church.

Bette has played in the Hand Bell Choir since 1981. Jim and Bette are members of the KIVA Sunday School class. Jim has been president of the class, and Bette has co-chaired the Social Committee. They are both former members of the Trustee Committee and the Administrative Board. Bette currently serves on the SPRC Committee.

"We are excited to be blessed with the new staff members who bring energy and great lessons to our church, and we always appreciate the outstanding music program that means so much to all of us. We look forward to growing as Christians and as a church in the years to come." We are happy to have Jim and Bette MacKellar in our Nichols Hills United Methodist Church family!



## Tidbits from The Learning Center

Our children began their special weekly activities last week. We now offer Spanish, Children's Chapel, Munchkin Music, Tippi Toes Dance, and Amazing Athletes. Three times a week classrooms attend fifteen minute Children's Chapel services which includes singing, a lesson, and prayer. We discovered that the infants and toddlers were not as comfortable in the sanctuary and decided to limit the group to the preschool and pre-kindergarten groups. The older children were much more interested in the minister's activity without the sounds of the little ones. They are learning what it represents when you put your hands together in prayer. Lighting the candles is an exciting time as the children have held the candle lighters and felt the weight of it in their little hands. Naturally this is all closely supervised. The children have kneeled at the altar rail and offered prayers for their family and friends. We end with a song, "Jesus Loves the Little Children" and finger play. (This is the church, this is the steeple, open the doors and see all the people.) Each week we will recognize birthdays on Tuesdays. Feel free to drop by and see what is happening in our sanctuary when our children visit. It really is making a difference.

On Wednesday, August 26, The Learning Center will host an Open House so families can see all the teachers, meet the Parent Advisory Committee, and Instructors from the Tippi Toes dance group, Amazing Athletes, Music and Spanish teachers, and the TLC Management Team. Please join us from 5:30 to 6:30 p.m. in the Parlor as we celebrate another school year and have cookies and lemonade.

A special thank you to Kay Musser for replacing the old "CDO" sign in the west parking lot. Our new sign is up and looks lovely. We appreciate you, Kay!



## Serving In Ministry - Aug. 30

The coffee hosts will be Larkin and Jean Warner.

The chancel flowers will be given by Allen and Sherron Evans in honor of their 55th anniversary.

The mission candle will be lit by Mary Ann Carmichael in memory of her parent's, Mr. and Mrs. James Carmichael, anniversary.

## August/September Birthdays

08/28	Allison Jones
08/30	Judy Kauffman
08/31	Sue Hood
	David Reed
09/03	Norma Moe
09/06	Ryan McNeill
09/10	Frances Rosier
	Jack Story
09/11	Donna Blakley
	Julie Fischer
09/12	Audrey Harrah
09/14	George Craig
	A'Shonda Garrett
	Robert Vick
09/15	Gracie Sanders
09/16	Geoffrey Stafford
	William Stafford
09/17	Kerry Maye
	Sally Stringer
09/19	Jess Harris, Jr.
09/22	Billie Boston
	Jami Cravens
	Meg Miller
	Jerry Perryman
09/24	Jason Ott
09/25	Pamela Bracken
09/26	Juanita Greer
	Ellie Roberts
09/27	Alan Niemann
09/28	Caitlin Dyke
09/30	Cara Fraley

## Popcorn Time!

This Sunday, August 30, the Scouts will be selling popcorn after our church services. This is their main fundraiser, and we hope you will participate!



## Parent Training Series

*Conscious Discipline® Parent Training* provides a proven and comprehensive approach that will improve both your life and the lives of your children. It empowers you with the self-awareness, brain information, developmental knowledge and useable skills necessary to create safe, connected, problem-solving homes. Learn to see discipline not as something you **do to children**, but something you **develop within them**. Led by Cristy Roberts.

\$20 per session. Contact Denise, [dbuthion@nicholshillsumc.org](mailto:dbuthion@nicholshillsumc.org), for more information or to reserve your spot. Wednesdays, September 2, 9, and 16 from 6:00 - 7:30 p.m.

Nichols Hills United Methodist Church  
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Oklahoma City, Ok. 73116

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### Weekly Small Groups

**Nichols Thrills Fellowship Meal for Children, Youth, and Adults:** Wednesday at 5:30 p.m.

**The Alpha Course - Adults:** Wednesday, 5:30 to 7:00 p.m. Join us for dinner at 5:30 followed by a video called *Who is Jesus?* Leader: Dr. Trevor Smith.

**The Alpha Course - Youth:** Wednesday, 5:30 to 7:00 p.m. Join us for dinner at 5:30 followed by a video called *Who is Jesus?* Leader: Rev. Matt Patrick.

**Expedition for Children:** Wednesday from 6:00 to 7:00 p.m. Teachers: Allyson Smith and Sandra Smith

**Chancel Choir:** Wednesday at 7:30 p.m. Director: Michael Wylder.

**Young Adult Group:** Wednesday at 8:30 p.m. Leader: Rev. Matt Patrick.

### Sunday School Classes - Sunday at 9:45 a.m.

**The Brew Class:** *Meets in the Room 131.* This class is studying Bill Hybel's *Just Walk Across the Room.* The class discussion includes how the Bible applies to current events in our world. Teachers: Tim and Christie Baker. Tim (405) 209-5467 and Christie (405) 922-5154

**KIVA Class:** *Meets in the Fellowship Hall* - Dr. Trevor Smith will lead a Prayer Study using the book "Too Busy Not to Pray" by Bill Hybels. Leaders: Allen and Sherron Evans.

**Reveille Class:** *Meets in the Fellowship Hall* - The Reveille class will be joining the KIVA class this month for the *Too Busy Not to Pray* study. Teacher: Tom Fraley.

**Open Circle Class:** *Meets in the Archives Room* - Our Open Circle Class will focus on James 1:17-27. Verse 17: "Every good gift comes from above." Our hymn: "O Morning Star." Teacher: John Marshall

**Roundtable Class:** *Meets in Room 124* - This week's lesson is from Malachi 3:1-10; entitled "Return to a Just God." Malachi was writing to the people who had returned from 70 years of exile and who had deviated from God's laws. Malachi was telling the folks to return to God's trust and love. And we today are likewise being called. If you are not attending a Sunday School class, you are cordially invited. Teacher: Jerry Perryman.

**Youth Class:** *Meets in the Youth Basement* - Join us for fun, fellowship, and a lesson that will bring you closer to God. Student Pastor: Matt Patrick.

**Children's Class:** *Meets in the Children's Area.* - Join us for a child-friendly lesson, snacks, and crafts as we learn about God together. Director: Lauren Matthes.

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**Dr. Trevor Smith**, Senior Pastor  
**Rev. Matt Patrick**, Student Pastor  
**Michael Wylder**, Director of Church Music  
**Lauren Matthes**, Director of Children and Family Ministry  
**Dr. Antone Godding**, Organist  
**Delaney Sheffield**, Administrative Assistant

**Kathy Smith**, Bookkeeper/Treasurer  
**Denise Buthion**, Director of The Learning Center  
**Michael Hall**, Maintenance/Custodian  
**Alfred Walker**, Sunday Host  
**Randall Blair**, Sunday Host

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